

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Ian Foord

Has successfully participated & completed the

5km Navworld Nite Series 2016/2017 - Race 4

held at Zwartkops Country Club.

**TIME** 00:48:00

**PACE** 09:36/km

**OVERALL** 136 of 183

08 February 2017, Wed

Date

**GENDER** 66 of 79

**OPEN** 35 of 40

